

# YOUNG STARS PROGRAM

ICE TIME SPORTS | MCCANN ICE ARENA



## Welcome!

Designed for skaters who have learned the basics of figure skating and develop advanced skills. The Young Stars Program opens opportunities for young skaters to consider a competitive career in figure skating.

Participation is subject to the discretion of the director of figure skating. Skaters are required to demonstrate appropriate physical and mental attitude including: balance, coordination, determination, and focus to participate.

Program is run by Gilberto Viadana, Director, and supported by some of the best national and international coaches. Sessions are comprised of on-ice and off-ice training to improve control, strength and flexibility.

### Pricing

\$300/ 7 weeks

### Payment Policies

Payment in full due upon registration, no exceptions. Returned checks will be charged a fee of \$40. There will be no refunds, no exceptions. *Family Discount:* Second family member qualifies for 10% off the lowest priced program. *Not valid on Open Freestyle.*

### Required Equipment

Layered athletic wear  
Proper fitting figure skating skates  
Gloves are recommended

### Attendance Policy

For safety reasons, parents are required to drop off and pick up skaters inside the building. The MHCC Inc. do not assume responsibility for children participating in classes at any time. Anyone under the age of 18 must be accompanied by an adult into the building. *Makeups or Credits:* There will be no makeups or substitutions. *Class Schedules:* Schedules are tentative and subject to change due to enrollment or special events.

### Contact



**Gilberto Viadana,**  
Figure Skating Director  
gilberto@midhudsonciviccenter.org



FALL 2019 | WINTER 2020

## LEARN HOW TO SKATE LIKE A STAR!

- ☆ Two on-ice classes per week
- ☆ One off-ice class per week
- ☆ On-ice classes are 60 minutes
- ☆ Off-ice classes are 45 minutes
- ☆ The combination of on-ice and off-ice training helps young stars improve control, strength, and flexibility.
- ☆ National and international coaches

## McCann

### 2019-2020 Schedule:

**Monday**  
5:45pm–6:45pm on-ice  
**Session 1** Sept. 16—Oct. 28  
**Session 2** Nov. 4—Dec. 16  
**Session 3** Dec. 23—Feb. 3  
**Session 4** Feb. 10—March 23

**Saturday**  
9:15am–10:15am on-ice  
10:15–11:00am off-ice  
**Session 1** Sept. 21—Nov. 2  
**Session 2** Nov. 9—Dec. 21  
**Session 3** Dec. 28—Feb. 8  
**Session 4** Feb. 15—Mar. 28

## IceTime

### 2019-2020 Schedule:

**Friday**  
5:45pm–6:45pm on-ice  
**Session 1** Sept. 20—Nov. 1  
**Session 2** Nov. 8—Dec. 20  
**Session 3** Dec. 27—Feb. 7  
**Session 4** Feb. 14—March 27  
**Session 5** April 3—May 15  
**Session 6** May 22—July 3

**Saturday**  
2:00pm–2:45pm off-ice  
2:45pm–3:45pm on-ice  
**Session 1** Sept. 21—Nov. 2\*  
\* PLEASE NOTE class changes on:  
Oct. 19th are 5:45pm to 6:45pm  
Nov. 2nd are 2:45pm to 3:45pm

**Session 2** Nov. 9—Dec. 21  
**Session 3** Dec. 28—Feb. 8  
**Session 4** Feb. 15—March 28  
**Session 5** April 4—May 16

**Session 6** May 23—July 4\*\*  
\* PLEASE NOTE class changes on:  
\*\* July 4th class to take place July 5th.

**PARTICIPANT INFO**

>NAME \_\_\_\_\_ >AGE \_\_\_\_\_ >DOB / / \_\_\_\_\_

>GENDER \_\_\_\_\_ >PARENT/GUARDIAN NAME(S) \_\_\_\_\_

>ADDRESS \_\_\_\_\_

>CITY \_\_\_\_\_ >STATE \_\_\_\_\_ >ZIP \_\_\_\_\_

>PHONE # \_\_\_\_\_ >EMAIL ADDRESS \_\_\_\_\_

>HOW DID YOU HEAR ABOUT US? \_\_\_\_\_

<b>McCann</b>	DAY	<input type="checkbox"/> SESSION 1	<input type="checkbox"/> SESSION 2	<input type="checkbox"/> SESSION 3	<input type="checkbox"/> SESSION 4		
	<input type="checkbox"/> MON.	Sept. 16 - Oct. 28	Nov. 4 - Dec. 16	Dec. 23 - Feb. 3	Feb. 10- March 23		
	<input type="checkbox"/> SAT.	Sept. 21 - Nov. 2	Nov. 9 - Dec. 21	Dec.28 - Feb. 8	Feb. 15 - March 28		
	<input type="checkbox"/>						
<b>IceTime</b>	DAY	<input type="checkbox"/> SESSION 1	<input type="checkbox"/> SESSION 2	<input type="checkbox"/> SESSION 3	<input type="checkbox"/> SESSION 4	<input type="checkbox"/> SESSION 5	<input type="checkbox"/> SESSION 6
	<input type="checkbox"/> FRI.	Sept. 20 - Nov. 1	Nov. 8 - Dec. 20	Dec.27 - Feb. 7	Feb. 14 - March 27	April 3 - May 15	May 22 - July 3
	<input type="checkbox"/> SAT.	Sept. 21 - Nov. 2*	Nov. 9 - Dec. 21	Dec.28 - Feb. 8	Feb. 15 - March 28	April 4 - May 16	May 23 - July 4**
	<input type="checkbox"/>						

\* PLEASE NOTE session 1 class changes on: Oct. 19th at 5:45pm to 6:45pm and Nov. 2nd are 2:45pm to 3:45pm  
 \*\* PLEASE NOTE session 6 class changes on: July 4th class to take place July 5th.

**PAYMENT INFO** Please make checks payable to Mid-Hudson Civic Center Inc. MasterCard or Visa only for credit card payments.

> CARDHOLDER NAME \_\_\_\_\_ > EXP DATE \_\_\_\_\_

> ACCT # \_\_\_\_\_ > 3 DIGIT SECURITY CODE \_\_\_\_\_

**WAIVER**

The undersigned parent(s) or guardian(s) of the below-names minor or participant in the athletics/sports program and related events and activities at Mid-Hudson Civic Center, Inc.: **1.** Acknowledge(s) that the participant will be engaging in activities that involve risk of injury and property damage and the undersigned agree(s) to assume all risk and responsibility in connection therewith. **2.** Agree(s) to inspect the facilities and equipment and will advise the coach or supervisor of any unsafe condition and will instruct the participant to do the same and the participant will not participate until safety is restored. **3.** Agree(s) to be responsible for providing the participant with protective equipment, including helmet. **4.** Release(s) and discharge(s) the Mid-Hudson Civic Center, Inc., Civic Properties, Inc. and their officers, directors, employees, and agents from any and all claims, demands, actions and causes of action arising out of the activities to be engaged in by the minor, including without limitation, injuries to life, limb, or property. **5.** Grants permission for the Mid-Hudson Civic Center to publish photos or videos of self and children to the website, on-line and off-line publications. I give Mid-Hudson Civic Center, Inc. the perpetual, royalty-free right to use photos or videos. No confidential member information shall be published. All photographs and video footage shall remain the sole property of MHCC, Inc. I understand that no compensation will be made for this use. In the case of a press release regarding a test passes or annual ice exhibition I do give permission to use my child's full name. **EQUIPMENT INFORMATION** The following equipment MUST be worn at all times for Mid-Hudson Civic Center, Inc. Learn to Play Hockey: Ice hockey helmet with face mask, mouth guard, neck guard, elbow pads, gloves, athletic cup, shin pads, & shoulder pads. Players without the proper equipment will not be allowed to participate in on-ice events. I/WE HAVE READ THE ABOVE DISCLOSURE, WAIVER AND RELEASE AND UNDERSTAND IT AND SIGN IT VOLUNTARILY.

> SIGNATURE \_\_\_\_\_ > DATE \_\_\_\_\_

> PRINT NAME \_\_\_\_\_